

Welcome!

Student success is our greatest goal!



Santa Ana College Health and Wellness Center supports student success by promoting wellness through preventive physical and mental health services. These wellness efforts assist and support students in their personal and academic goals, while fostering the well-being and personal development of its campus community members.

MISSIONS

The mission of the Rancho Santiago Community College District is to provide quality educational programs and services that address the needs of our diverse students and communities.

The mission of Santa Ana College is to inspire, transform, and empower a diverse community of learners.

ON-CAMPUS SUPPORT

Campus Emergency

(714) 564-6333



DID YOU KNOW?

“Americans are inundated with messages about success – in school, in a profession, in parenting, in relationships – without appreciating that successful performance rests on a foundation of mental health.”

– U.S. Department of Health and Human Services, 1999

NONDISCRIMINATION POLICY

The Rancho Santiago Community College District is committed to equal opportunity in educational programs, employment, and all access to institutional programs and activities.

The District, and each individual who represents the District, shall provide access to its services, classes, and programs without regard to national origin, religion, age, gender, gender identity, gender expression, race or ethnicity, color, medical condition, genetic information, ancestry, sexual orientation, marital status, physical or mental disability, pregnancy, or military and veteran status, or because he or she is perceived to have one or more of the foregoing characteristics, or based on association with a person or group with one or more of these actual or perceived characteristics.

The Chancellor shall establish administrative procedures that ensure all members of the college community can present complaints regarding alleged violations of this policy and have their complaints heard in accordance with the Title 5 regulations and those of other agencies that administer state and federal laws regarding nondiscrimination.

No District funds shall ever be used for membership, or for any participation involving financial payment or contribution on behalf of the District or any individual employed by or associated with it, to any private organization whose membership practices are discriminatory on the basis of national origin, religion, age, gender, gender identity, gender expression, race, color, medical condition, genetic information, ancestry, sexual orientation, marital status, physical or mental disability, pregnancy, or military and veteran status, or because he or she is perceived to have one or more of the foregoing characteristics, or because of his or her association with a person or group with one or more of these actual or perceived characteristics. Inquiries regarding compliance and/or grievance procedures may be directed to District's Title IX Officer and/or Section 504/ADA Coordinator. RSCCD Title IX Officer and Section 504/ADA Coordinator: Judy Chitlik, 2323 N. Broadway, Santa Ana, CA 92706, 714-480-7490.



SANTA ANA COLLEGE

1530 W. 17th Street, Santa Ana, CA 92706 • www.sac.edu



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Student Health and Wellness Center

www.sac.edu/studentservices/HealthCenter

1530 W. 17th Street

The Village, VL-211

Santa Ana CA 92706

(714) 564-6216 (Office)

Physical Health and Wellness Services



Ask a nurse a question:

E-Mail: SACHealth_Center@sac.edu

Physical Health Services Available For:

- Birth control and Family Pact
- Blood pressure
- Dermatology
- Emergency contraception*
- First aid treatment
- Flu immunization*
- Hearing test
- Laboratory tests*
- Physical examination*
- Spirometry*
- STD testing and treatment*
- Tuberculosis (TB) skin test*
- Urine drug test*
- Vision screening

**Most services are FREE
for enrolled students.**

A physician is available by appointment on
Wednesday and Thursday.



Mental Health and Wellness Services

Mental Health Services Available For:

- Anger management
- Anxiety or stress management
- Depression/Lack of motivation
- Domestic violence
- Family and social relationships
- Life transitions
- LGBTQ related support
- Self-esteem/self-worth
- Sleep disturbances
- Substance use and abuse
- Sexual assault

NOTE: **Safe Harbour
Sexual Assault Support**



Outreach:

- Paws-4-Stress Relief
- Wellness workshops
- Social support groups
- Walk in, same-day appointments for personal concerns



Community Partners

Resources and/or referrals to off-campus collaborations available to address student

- Affordable Care Health insurance
- Drug and alcohol abuse
- E-cigarettes and vapor
- Exercise
- Hunger or Homeless Assistance
- Nutrition/Eating Disorders
- Sexual assault
- Tobacco cessation
- Weight maintenance

Health Education brochures for off-campus partners are also available.

Confidentiality

Health professionals are legally and ethically bound by confidentiality. Information is not released to campus officials, faculty members, parents, or outside agencies without the student's permission. Exceptions to confidentiality arise when concerns involve child or elder abuse, homicidal or suicidal ideations, or with court orders.